

# NORTH COUNTY BASKETBALL RULES AND REGULATIONS

## GENERAL (APPLIES TO ALL DIVISIONS)



### HOME TEAM

Home team sits on the right of the scorekeeper.

### GAME LENGTH

4, 10-minute quarters. 2-minute halftime.

### TIMEOUTS

3 total timeouts. 1 timeout in the first half, 2 timeouts in the second half. 45 seconds for timeouts.

### CLOCK STOPPAGE

Clock will stop during the last two (2) minutes of the game, on all dead ball situations for all divisions *unless* the lead is greater than 11 points.

### SUBSTITUTIONS

Every player shall play 5 minutes in the 1st, 2nd, and 3rd quarter. Does not apply to D2, D1, HS divisions AND teams that have 11 players at the game. At the 5 minute mark, there will be an unofficial time out for coaching substitutions, although the clock will not stop. Free substitutions can be made if there are 11 or more players.

Applies to Clinic, D5, D4, and D3.

### FREE THROW BONUS RULE

One-on-one for the 7th team foul of the half; shooting 2 on the 10th team foul of the half.

### 25-POINT RULE

When leading a game by 25 points or more, the team must start defense within the 3 point arc until their lead is 15 points or less. A technical foul will be called for multiple violations.

### OVERTIME

Overtime quarters will consist of two (2) minutes. The first minute will be a running clock. The clock will become a regulation clock in the last minute of the overtime period and will stop on dead ball situations. *If a game requires a 3rd overtime period, sudden death (first team to score) is in effect during the regular season. Rules revert back to the regular overtime rules in the playoffs.*



